



How Can I Support My Child When They Are Studying at Home?

Learning at home can be a challenge for any student but we understand that for students with additional needs, this can be even more of a challenge.

Here are some strategies that may be useful to support your child when they are studying at home.

- ✓ Make sure there is one dedicated space for learning. This will ensure all resources are in the same place and will help with organisation.
- ✓ Work to the school timetable. Make sure that they are doing the work for each lesson in a slot that they may have it on that day and that they have breaks set in clearly to help with concentration.
- ✓ Break tasks down with them into smaller parts, ask them to spend 10-15 minutes and then take a short brain break.
- ✓ Advise them to look at other sources of information to help understanding like youtube or BBC bitesize.
- ✓ Make sure they have everything they need to complete the work- this can be a big distraction if they need something like coloured pens once they have started a task.
- ✓ Remind them that there are other ways to show they understand things- they could create a video, PowerPoint, a piece of creative work or a mind map to express their knowledge on a topic.
- ✓ Remind them that we understand that this is difficult, and if they are struggling to reach out to their teacher rather than not do the work.

Useful Websites:

BBC Bitesize- Key stage 2/3/4 subjects: <https://www.bbc.co.uk/bitesize>

Oak National Academy: Recorded lessons on a range of subjects: <https://classroom.thenational.academy/>

Topmarks- Maths games and learning activities: <https://www.topmarks.co.uk/>

National Geographic Kids- Online video and games about the natural world: <https://www.natgeokids.com/uk/>