



# Alder Community High School

A Specialist Maths and Computing College

Mottram Old Road, Gee Cross  
Hyde, Cheshire, SK14 5NJ

Tel: 0161 368 5132 Fax: 0161 366 6383

E mail: [admin@alderchs.uk](mailto:admin@alderchs.uk)

Headteacher: Mr R O'Regan BSc (Hons) NPQH

1<sup>st</sup> May 2018

Dear parents/carers

## **PARENT INFORMATION SESSION: RAISING AWARENESS OF EMOTIONAL HEALTH AND WELL-BEING SUPPORT**

At Alder we recognise that emotional health and well-being is a critical factor in the engagement and achievement of young people in school. If they are to succeed academically they need to be supported emotionally.

We have worked with a number of agencies over recent years that have supported school staff to ensure that we create the right environment and that students have opportunities to access a range of support to suit their individual needs. We are aware of the emotional impact that potentially stressful situations can have on individuals and address emerging issues for our students.

With this in mind, we are offering an information session for parents to attend. The session will raise awareness of the current situation for children and young people's emotional well-being and mental health and the support services available for young people should they need to access support. This hour long session will take place at school on **Thursday 10<sup>th</sup> May 2018 at 9.15am** and will be delivered by Aimee Thomas from Tameside, Oldham and Glossop Mind.

This session is aimed at all parents, whether or not you feel that this would be relevant to your child. It is our belief that it is relevant to everybody.

Please contact me at school if you are able to attend and I will add you to the list.

Yours sincerely

Rachel Lee  
Senior Leader Safeguarding  
Alder Community High School